

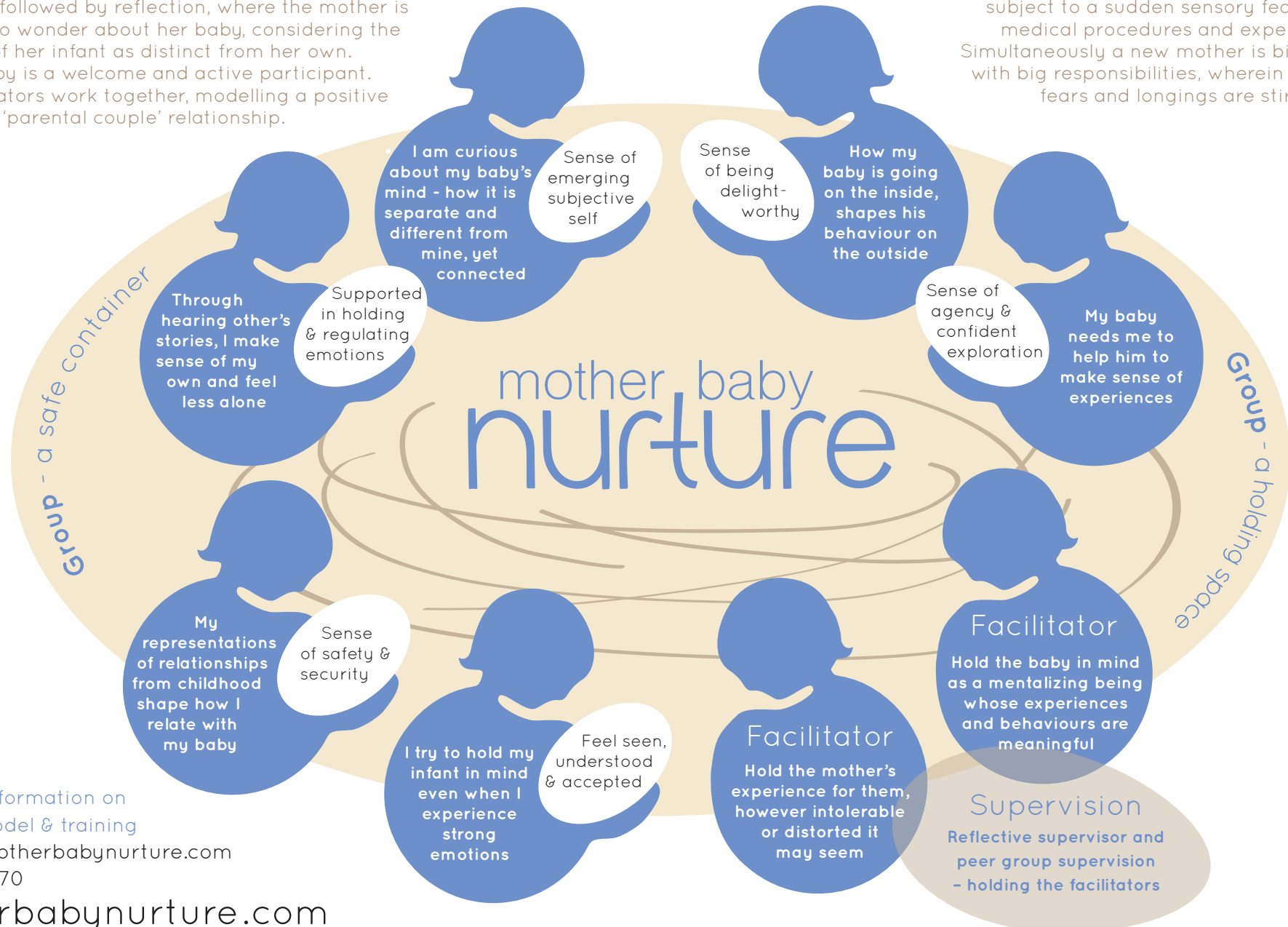
# mother-baby nurture : model

A 10-week group supporting mothers & babies through the first few months

The group is slow and spacious. It provides silent observation followed by reflection, where the mother is supported to wonder about her baby, considering the mind of her infant as distinct from her own.

Each baby is a welcome and active participant. Two facilitators work together, modelling a positive 'parental couple' relationship.

The naked newborn enters the world exposed; subject to a sudden sensory feast of milk, medical procedures and expectations. Simultaneously a new mother is birthed; a role with big responsibilities, wherein new hopes, fears and longings are stirred.



For more information on the MBN model & training  
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